

NEW

Unisom[®] Snore Relief

Throat spray

Now, **Unisom[®]** offers a new product to help relieve symptoms associated with snoring.¹



Why we snore

Snoring is due to a **reduction in pharyngeal muscle tone** that occurs during sleep, which results in a partial or complete collapse of the pharyngeal airway during sleep.

The sound of snoring is caused by vibrations, produced by turbulent air flowing through the constriction.²

Unisom® Snore Relief is indicated to help relieve symptoms associated with snoring.¹

Unisom® Snore Relief helps relieve symptoms of snoring. It is administered by spraying directly to the back of the throat.¹

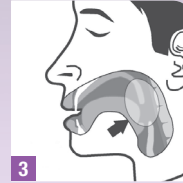
Directions for use

Unisom® Snore Relief was designed to be easy to use. It is sprayed directly into the throat, once or twice before going to sleep.¹



1

Sit upright. Position the applicator between teeth and lips.



3

Keep the liquid at the back of the throat for 10 seconds before swallowing it.



2

Press the lever for 1 second. A proper dose will be sprayed directly to the back of the throat.



4

Do not eat or drink after use. Repeat during the night if necessary.

Unisom® Snore Relief

Medicinal Ingredients (per spray)³

Proper Name	Common Name	Quantity per Dosage Unit	Extract	Source Material
Ballota nigra	Black horehound	60 mg	1:10 (6 mg)	Herb top
Marrubium vulgare	White horehound	60 mg	1:10 (6 mg)	Herb top
Vitamin B6	Vitamin B6	5 mg	N/A	Pyridoxine hydrochloride
Zingiber officinale	Ginger	60 mg	1:10 (6 mg)	Rhizome

Non-Medicinal Ingredients (per spray)³

Aqua, Xylitol, Alcohol, Betaine, Glycerin, Oleth-20, Caprylyl Glycol, Phosphatidylcholine, Anise Essential Oil, Peppermint Oil, D-Limonene, Eucalyptus Essential Oil.

Dosage: Adults: 1 spray, 1 to 2 time(s) per day³

Caution and Warnings

Unisom® Snore Relief is not a remedy for sleep apnea. If you have sleep apnea, consult a health care practitioner prior to use. If symptoms persist or worsen, consult a health care practitioner. Rash has been known to occur; in which case, discontinue use. If you have liver or gall bladder diseases, and/or intestinal obstruction, consult a health care practitioner prior to use.

Contra-indications

Do not use if you are pregnant or breastfeeding. Muscle relaxants such as sleeping pills or alcohol may decrease the effectiveness of this product.



Questions or comments?
Contact us toll free.
Paladin Medical Information:
1-888-867-7426
Paladin Customer Service:
1-866-340-1112

Manufactured for: PuraNox Trading BV
Licensed / Imported by: Paladin Labs Inc.
St-Laurent (QC) H4M 2P2

Format 45 mL (36 doses)
NPN 80068560
Product code 5001707
Unit UPC 628791006423
Shipper UPC code 406 2879100642 1
Shrink UPC code 206 2879100642 7
Unit Box
Units per shrink 3
Units per case 24
Unit dimensions (L x D x H) 9 cm x 4.3 cm x 13 cm
Case dimensions (L x D x H) 18.7 cm x 27.8 cm x 27 cm



See Warnings, Cautions, and Directions of Use at <https://health-products.canada.ca/lnhpd-bdpsnh/info.do?licence=80068560> for information to assist in benefit-risk assessment. Always direct the patient to read the label. The Terms of Market Authorization is also available upon request at 1-888-867-7426.

References: 1. Unisom® Snore Relief Product Licence. 2. O'Donoghue GM, Narula AA, Bates GJ. Clinical ENT: an illustrated textbook. 2nd ed. San Diego, Calif. : Singular Pub. Group, c2000. p.165. 3. Unisom® Snore Relief Product Information.